### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM	8-K
LOIVIN	0-17

#### CURRENT REPORT

# PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): June 8, 2023

## NIGHTFOOD HOLDINGS, INC. (Exact Name of Registrant as Specified in Charter)

(E)	tact Name of Registrant as Specified in Charter)	
Nevada	000-55406	46-3885019
(State or Other Jurisdiction of Incorporation)	(Commission File Number)	(I.R.S. Employer Identification No.)
(A	520 White Plains Road – Suite 500 <u>Tarrytown, New York 10591</u> address of Principal Executive Offices) (Zip Code)	
Registrant	s telephone number, including area code: (888) 8	<u>88-6444</u>
(Former	Name or Former Address, if Changed Since Last Ro	eport)
Check the appropriate box below if the Form 8-K filing is inte General Instruction A.2. below):	nded to simultaneously satisfy the filing obligation	n of the registrant under any of the following provisions (ee
☐ Written communications pursuant to Rule 425 under the Sec	curities Act (17 CFR 230.425)	
☐ Soliciting material pursuant to Rule 14a-12 under the Excha	ange Act (17 CFR 240.14a-12)	
☐ Pre-commencement communications pursuant to Rule 14d-	2(b) under the Exchange Act (17 CFR 240.14d-2(b)	0)
☐ Pre-commencement communications pursuant to Rule 13e-	4(c) under the Exchange Act (17 CFR 240.13e-4(c))	)
Indicate by check mark whether the registrant is an emerging g Securities Exchange Act of 1934 (17 CFR §240.12b-2).	growth company as defined in Rule 405 of the Secu	urities Act of 1933 (17 CFR §230.405) or Rule 12b-2 of the
Emerging Growth Company □		
If an emerging growth company, indicate by check mark if the accounting standards provided pursuant to Section 13(a) of the E		tion period for complying with any new or revised financia
Securities registered pursuant to Section 12(b) of the Act:		
Title of each class  Not applicable	Trading Symbol(s)  Not applicable	Name of each exchange on which registered Not applicable
·		··
Item 7.01 Regulation FD Disclosure.		
	as Inc. (the "Company") will be conducting an inve	estor conference call. Interested parties can access the call vi

On June 8, 2023 at 4:30PM Eastern, Nightfood Holdings, Inc. (the "Company") will be conducting an investor conference call. Interested parties can access the call via dial-in number 857-232-0157 and access code 422095.

The information in this report is being furnished pursuant to Item 7.01 and shall not be deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that section. This report will not be deemed an admission as to the materiality of any information herein.

### Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit Number Description

104 Cover Page Interactive Data File (embedded within the Inline XBRL document)

### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Date: June 8, 2023

### NIGHTFOOD HOLDINGS, INC.

By: /s/ Sean Folkson

Name: Sean Folkson Title: Chief Executive Officer